June 2022 Newsletter

The LC3 Collaborative - Our Aspiration:
To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

Wellness Wednesday Highlight
For the month of June, LC3 had the honor of highlighting FYI+'s newly expanded and rebranded housing division. The FYI+ housing team highlighted a great deal of community resources including:

- "12th Avenue" (aka El Crucero) - Safe & stable housing for families who are homeless or at-risk for homelessness
- "My Friend's Place" - Facility based shelter care to youth (12-17) due to truancy, runaway or safety concerns in the home
- "Crimson Heights" - Transitional living for young adults, ages 17.5- 23, who have aged out of foster care and/or who lack supportive services to achieve housing and financial stability.
- "The Valley Home" - Multi-service home provides a home-like environment to youth in foster care between the ages of 10-17. Youth residing here receive case management including physical health and well-being, mental health, education and employment support until they are able to get to their next best safe placement.

Click here to see full slideshow

LC3 Resources
Please remember other resources can be found on our LC3 webpage:

http://www.healthypasodelnorte.org/lc3

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LC3 Game Changer Action Team Spotlight

Client Advocacy & Access

The goal of LC3 Game Changer Action Teams is to fill a gap in behavioral health services by developing an intervention that is a game changer.

The Client Advocacy & Access Action Team has 3 priorities:
1. Increase community health workers/promotoras in our region,
2. Increase peer support workers together with NAMI-SNM, and
3. Decrease waitlists by increasing referrals & real time communication between providers.

In addition to meeting at the monthly LC3 meetings, they have met for an additional 40 hours and completed 50% of their work plan towards their goals.

CONGRATULATIONS and keep up the great work, you inspire us all!

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LC3 Member Spotlight

Congratulations!!!

Paul Dulin, LC3 member & LC3 Game Changer Co-Chair for Client Advocacy & Access Action Team, has been a shining example of leading with a community driven heart. Paul has been a great co-leader of his Action Team and has pulled together many powerful connections through his one-on-one meetings and dedication to achieving their goals. Congratulations Paul!
LC3 Resource Spotlights

CHESS Health

During the June LC3 General Meeting, we had the honor of hosting the Vice President of CHESS Health, Stuart Hammond, as he gave a dynamic presentation on this powerful new resource available in New Mexico.

CHESS is a digital platform which supports those experiencing substance disorder. The application has various functions and usages including: prevention, intervention, treatment, recovery, connection to community and more. To learn more please click on the link below.

Click here to view presentation slides.

988 Suicide & Crisis Lifeline

During the June LC3 General Meeting, we also had the pleasure of hosting the Director of Dona Ana County Health and Human Services, Jamie Michael, as she gave information about 988 and the upcoming implementation here in New Mexico.

In 2020, Congress designated the new 988 dialing code to be operated through the existing National Suicide Prevention Lifeline. SAMHSA sees 988 as a first step towards a transformed crisis care system in America. 988 will provide 24/7, free and confidential support to those in suicidal crisis or emotional distress. To learn more please click on the link below.
Collaboration Partners

Resilience Leaders (LC3 serves as the BH Sector):
The Doña Ana County Resilience Leaders program works to strengthen our county’s system of survival and thriving by providing 100% access to quality service. Our work includes relationship building with community partners and training of agencies and communities to prevent Adverse Childhood Experiences (ACEs), trauma, and maltreatment by engaging, assessing, planning, acting, and evaluating.
Meets the last Friday of the month from 9am-11am.
Contact: Sylvia Chavez sylviachaveznm@gmail.com

Mayor’s Suicide Prevention Taskforce:
The Suicide Prevention Task Force primary focus is to raise awareness, educate, train and support our community by developing and sustaining partnerships, providing technical assistance, and contributing to policy and legislative initiatives related to suicide prevention.
Visit website https://www.lcsuicideprevention.com/
Meets the 3rd Wed. of each month.

UP! Coalition:
UP!s vision is that every community member in Doña Ana County has the opportunity to live a life free of alcohol, tobacco, other drugs, and adverse health behaviors.
Contact: Jessica Garcia jgarcia@chi-phi.org
Meets the third Thursday of the month.
10-11am

C.O.P.E Corner

For the past 2 years, FYI’s Prevention Team has partnered with the NM DOH to reduce overdose death rates in Dona Ana County via COPE, or the Community Outreach & Prevention Education program. LC3 has recently joined the effort as a COPE partner. Overdose prevention is a part of building the IBHS, so we are ready to work together to increase awareness & bring more resources to the community.

Below is a great training and resource list provided by George Dominguez. Thanks for sharing, George!

Resources for YOU! (Click on yellow links for more information)

Crisis and Access
Warmline
City of Las Cruces
**State NM Connect App**

**NM 5 Actions Program**
Self-Guided Roadmap to Understanding and Addressing Addiction in Your Life

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**Line**
Call for support and resources

1–855–NMCRISIS (662–7474)

Toll Free 24/7/365

711 for relay (hearing & speech impaired)

Language services available 24/7

Call or text to connect with a peer

1–855–4NM–7100 (466–7100)

Call 3:30pm – 11:30pm

Text 6pm – 11pm

711 for relay (hearing & speech impaired)

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**Suicide Prevention Task Force Resources**
Resources in the Las Cruces area

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**Healthcare Worker and First Responder Support Line**
1–855–507–5509

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Visit LC3 on Facebook.

Share with others!

Visit LC3’s webpage!

Visit FYI’s website.

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