Meeting Notes
February 12, 2019
4:30 p.m. to 5:30 p.m.
UTEP Health Sciences Center and School of Nursing Building
(Across from the UTEP Library)
1851 Wiggins Rd.
El Paso, TX 79968
3rd Floor, Room 384

Attendees: Representing:
Beth Abbott Mental Health Advocate
Monica Alfaro La Familia Del Paso
Ana Arias La Familia Del Paso
Angela Barraza EPCGC
Sharon Butterworth Paso Del Norte Health Foundation Board
Maria Carillo Centro de Salud Familiar-La Fe
Manuel Castruita EPISD
Lucia Dawson La Familia Del Paso
Angie Lozano Ready One Industries
Bernadette Martinez UTEP College Assistance Migrant Program
Carolina Martinez Empower Change
Jacob Martinez UTEO School of Nursing
Maria Martinez El Paso State SLC CR Director
Juan Carlos Mendoza La Familia Del Paso
Olivia Narvaez EPISD
Enrique Mata Paso del Norte Health Foundation
Holly Mata Empower Change
Lupe Quezada EPCGC
Kathy Revtyak EPCGC
Dina Rodriguez Peak Behavioral Health Hospital
Denise Uga NAMI, El Paso
I. Welcome, Introductions
   - Holly Mata convened the meeting at 4:33 p.m.

II. Special Speaker & Presentation
   - Lupe Quezada from the El Paso Child Guidance Center (EPCGC) conducted a presentation on services offered by the EPCGC.
     - Individual therapy
     - Family therapy
     - Group therapy
     - Psychiatric services
     - Training/consultation for youth serving organizations
     - Community outreach
     - Parent-Child Interaction Therapy (PCIT) is a behavioral intervention for children and parents/caregivers that decreases externalizing child behavior problems while increasing child social skills and improving the parent/child relationship.
       - PCIT services provided for 2-7 year olds with counselors in separate room coaching parent/caregiver through one-way mirror and earpiece as he/she interacts with child
       - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is an evidence-based treatment for children/adolescents who have faced trauma, which focuses on trauma specific, evidence based modalities.
   - Additional services offered:
     - Empowering survivors of crime through collaborations with community organizations such as:
       - The Advocacy Center
       - The Center for Hope
       - The Center for Children
     - Empowering school based efforts through collaboration with community organizations in school districts in El Paso such as:
       - EPISD
       - SISD
       - Region 19
       - Big Brothers/Big Sisters
     - EPCGC is leading the Fast Track Tours—one agency per month hosts a tour to provide information about said agency, which is meant to improve community partners’ understanding of services
       - On May 10th EPCGC will host a tour of its center
     - Trauma Informed Resilience Oriented Learning Community (TIROLC)
       - El Paso Child Guidance Center
       - Aliviane
   - During the presentation the Brain Trust was presented with a video on FLC Collaborative
   - Potential clients who wish to seek services at the EPCGC need to register
     - The registration items required are:
       - ID
       - Insurance
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- Proof of guardianship
- Divorce decree id applicable

- Types of coverage for services are:
  - Insurance
  - Grants
  - Sliding scale

- The El Paso Child Guidance Center has two locations:
  - Central
  - East

II. For more information visit http://epcgc.org/ or contact (915) 562-1999

VI. Meeting adjourned at 5:30 pm

Next Meeting:
The Brain Trust now has a standing meeting time of 4:30 pm every 2nd Tuesday of the month.

Mission:
The Brain Trust is a collaborative network of community stakeholders committed to changing minds and attitudes about mental illness in El Paso County to improve mental and emotional well-being for the health of children, youth and adults.

Vision:
The Brain Trust Network envisions a community where mental and emotional well-being are fundamental to the quality and productivity of individuals, families, communities and nations, enabling people to experience life as meaningful and to be creative and active citizens (adapted from the World Health Organization's definition of mental health and mental well-being).

The next Brain Trust Network meeting is scheduled for 4:30 pm, Tuesday, April 9, 2019 in room 384 at the UTEP Health Sciences Center and School of Nursing Building.