MMHPI Team Leaders:

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Executive Vice President for Policy Implementation

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Senior Executive Vice President of Policy
The 2020 El Paso Behavioral Health System Assessment

6th Annual El Paso Behavioral Health Consortium Progress Summit | October 14, 2020
**Mission Statement**

To provide independent, non-partisan, data-driven, and trusted policy and program guidance that creates systemic changes so all Texans can obtain effective, efficient behavioral health care when and where they need it.

**Vision**

We envision Texas to be the national leader in treating people with mental health needs.
Our Primary Deliverables

The RFP requires an update to the 2014 assessment. Specifically, we are working on three critical elements including:

1. Crisis system improvement analysis;
2. Children’s mental health strategy development for high risk children including the juvenile justice system; and
3. Overall access to services.
## El Paso System Assessment Implementation Group

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<thead>
<tr>
<th>Name</th>
<th>Organization and Title</th>
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<tr>
<td>Rob Anderson</td>
<td>The Hospitals of Providence - Sierra Medical CEO</td>
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<td>Joel Bishop</td>
<td>County of El Paso – Executive Director Justice and Community Services</td>
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<td>Sharon Butterworth</td>
<td>PDN Board – Mental Health Advocate</td>
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<td>Kristi Daugherty</td>
<td>Emergence Health Network – CEO</td>
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<td>Nicole Ferrini</td>
<td>City of El Paso – Director Community Development</td>
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<tr>
<td>Cathy Gaytan</td>
<td>El Paso Child Guidance Center – Executive Director</td>
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<tr>
<td><strong>Dr. Sarah Martin</strong></td>
<td>Texas Tech Health Sciences Center El Paso – Chief Child Psychiatry</td>
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<td><strong>Enrique Mata</strong></td>
<td>Paso del Norte Health Foundation – Senior Program Officer</td>
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<td><strong>Nellie Mendoza</strong></td>
<td>NAMI El Paso – Director of Programs</td>
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<td><strong>Bill Schlesinger</strong></td>
<td>Project Vida – CEO</td>
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<td><strong>Dr. John Wiebe</strong></td>
<td>UTEP – Provost</td>
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<td><strong>Ruben Vogt</strong></td>
<td>University Medical Center El Paso – Director Govt. Relations</td>
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<tr>
<td><strong>Tracy Yellen</strong></td>
<td>Paso del Norte Health Foundation – CEO</td>
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Ongoing meetings

We are hosting ongoing monthly meetings with the system assessment implementation group to provide updates on our progress and solicit feedback on the summary of draft recommendations and the draft report.

Timeline 10 Months

- **June 2020**: Complete: Plan and host an assessment kickoff
- **July 2020**: Complete: Submit revised work plan
- **October 2020**: Submit initial quantitative data summary
Timeline cont.

- **November 2020**
  - Submit summary of draft findings and recommendations

- **December 2020**
  - Submit draft final report

- **April 2021**
  - Submit final report
PROGRESS TO DATE
Progress To Date

Conducted nearly 100 interviews with a variety of stakeholders since May 2020 including:

• National, state and local elected officials,
• Healthcare and behavioral health providers,
• Non-profit service providers,
• Veteran healthcare providers,
• Criminal justice and juvenile justice representatives,
• Community members and mental health advocates,
• School districts and school-based program providers,
• Foster care and child welfare organizations,
• Higher education institutions, and
• Government.
Progress To Date

Presented to several community groups including:

• The Justice Leadership and Family Leadership Councils,
• The Behavioral Health Consortium Executive Committee, and
• The System Assessment Implementation Group.

These meetings provide an opportunity for iterative feedback on our approach as well as local community member insight and expertise.
Progress To Date

Engaged a wide-variety of local providers and nonprofits in data collection efforts in addition to our analysis of standardized data sets.

- Local data, in addition to standardized data sets, from a variety of service providers will present a more robust picture of the services available in the El Paso County community, which will better inform our recommendations.
Progress To Date

Mapped the crisis system entry points and process.

- Mapping the crisis system entry points and process identifies areas where the system is working and opportunities to identify gaps.

Deliverables to-date

- Submitted a revised work plan and hosted a community-wide kick-off meeting.
PREVALENCE DATA
Prevalence Data

The use of prevalence data helps describe the burden of mental illness and substance use disorder in a population.

- Specifically, we assess:
  - the general service delivery and hospital / emergency department utilization information between 2018 and 2020 for all residents of El Paso whether utilization occurred within or outside El Paso facilities.
  - updated behavioral health need and service utilization data from 2014 and 2017 to determine changes in demand or provision of behavioral health services over time.
  - demographic changes, opioid use, comorbid conditions, existing provider capacity, and trends in need for behavioral health services over time in El Paso County.
Twelve-Month Prevalence: Mental Health Disorders Among Children and Youth in El Paso County (2018)

Twelve-Month Prevalence: Mental Health Disorders Among Adults in El Paso County (2018)

Adult Population Age 18+

- Total Population: 610,000
- Total Population with SMI: 25,000
- Total in Poverty: 260,000
- Total with SMI in Poverty: 15,000

Note. Data from the American Community Survey population estimates, with estimates rounded to reflect uncertainty. ‘In poverty’ refers to the estimated number of people below 200% of the federal poverty level for the region.
Emergency Department Inpatient and Outpatient Psychiatric Visits by Visit Type and Payer – All Ages

Note. Data were obtained from the Texas Health Care Information Collection (THCIC) January 2018 – December 2018 discharge records.
EMERGING THEMES
Emerging Themes

We are still analyzing the local system of care. We do know progress has been made since 2014 and opportunities for building on that progress exist.

• COVID-19 has changed the health care services delivery and significantly increased the use of telemedicine and telehealth.
• El Paso has taken advantage of new programs for mental health services to children in primary care and in schools (CPAN and TCHATT). This enhances the service array for children and youth, alongside the existing mental health partnerships that exist in many schools.
Emerging Themes

Progress has been made since 2014 and opportunities for building on that progress exist.

• Evidence-based treatment services are available for youth in El Paso, unfortunately youth often must be involved in the juvenile justice system to access them.
• The crisis system has added several components since 2014. As in many communities, people are not always sure how to access crisis system or what services exist.
• Leaders across health, education and justice systems come together to collaborate on improvement in the system of care. Many stakeholders have suggested more can be done.
Questions / Discussion